

Building optimal risky and utility maximizing TIAA/CREF portfolios

Larry J. Prather^{a,*}, Han-Sheng Chen^a, Ying-Chou Lin^a

^aDepartment of Accounting and Finance, Southeastern Oklahoma State University,
Durant, OK 74701, USA

Building optimal risky and utility maximizing TIAA/CREF portfolios

Abstract

We present a process to build optimal risky and utility maximizing TIAA/CREF variable annuity and mutual fund portfolios through the use of Excel Solver. Annuities and mutual funds present a special challenge to Markowitz optimization because they cannot be sold short. We discuss the various TIAA/CREF investment options and form optimal risky variable annuity portfolios and mutual fund portfolios. Then we discuss an investor's risk tolerance and use three levels of risk aversion to compute the utility for investors of differing levels of risk aversion. The assumptions of the optimal portfolios are discussed along with limitations of the process.

JEL classification: G11

Keywords: Mutual fund portfolio construction; Variable annuity portfolio construction; Risk tolerance; Risk and return; Utility maximizing portfolios

1. Introduction

Federal tax law permits taxpayers to invest for retirement using 401K, 403b, and/or 457 accounts. These accounts are merely accounts that comply with certain federal requirements and are designed to permit taxpayers to invest for their retirement on a tax sheltered or tax deferred basis. In general, for 2015, eligible taxpayers under the age of 50 are permitted to invest up to \$18,000 in a 401K, 403b, or 457 account. Taxpayers 50 years old or more are permitted a "catch up" which permits investing an additional \$6,000 per year for a total of \$24,000 per year in the account.

Typically, employers will select a provider for the retirement account or accounts and the provider will provide support for both the human resource department and employees. The provider and/or the Human Resource Office will provide employees with information regarding the account in general and the features of those accounts. In addition, the specific investment choices permitted under the employees plan are provided. Moreover, employees are provided with resources that provide information about the investment choices such as past returns during specified historical periods (such as year-to-date, one-year, three-year, five-year, ten-year, and since inception returns), expenses of the various investment options, the type of assets the fund invests in, background of the fund manager, and other fund related information. Representatives of the investment provider may even provide onsite presentations and one-on-one counseling. While, these can provide general investment information and can highlight the need to diversify your investment portfolio, they fall short of providing a specific investor with a portfolio that will be most rewarding to that specific investor.

The purpose of this paper is to show investors and investment advisors how to create optimal risky and utility maximizing portfolios using Excel. To illustrate the process, we review

TIAA/CREF investment options and then to use Markowitz (1952) optimization to form an optimal risky portfolio. Once an optimal risky portfolio is formed, we will discuss risk aversion and use three levels of risk aversion to form "utility-maximizing" portfolios for investors with each level of risk aversion. Our goal is to provide guidance to investors and/or investment advisors that will permit them to use a simple tool to allocate retirement assets to achieve the highest return with the lowest level of risk.

We selected TIAA/CREF for illustrative purposes because they began offering retirement services to teachers about 100 years ago. Now, TIAA/CREF is a full service financial services company that specializes in serving the needs of academics, researchers, and workers in the medical and cultural fields. As of the end of 2014, TIAA/CREF had \$851 billion in assets under management and was serving 3.7 million clients in institutional retirement plans. According to Pensions & Investments (2013) TIAA/CREF is one of the largest managers of equity and fixed-income assets (based on assets under management). TIAA/CREF has also received numerous awards for investment performance. For example, Lipper named TIAA/CREF the best overall large fund company based on risk-adjusted performance against 36 peers in 2013 and 48 peers in 2014. Moreover, at the end of 2014, 70% of TIAA/CREFs funds received an overall Morningstar rating of 4 or 5 stars based on risk-adjusted returns.

While the above discussion highlights the retirement accounts and mentions sources of information in general, and the importance of TIAA/CREF to many investors in particular, investors remain unaware precisely how assets should be allocated. We fill that void by illustrating how optimal risky portfolios can be formed using Excel Solver. We then form utility maximizing portfolios for investors with differing levels of risk aversion.

The next section discusses risk, return, and the benefit of diversification. It also lists the investment options offered by TIAA/CREF. Section 3 discusses our data and the historical returns, variances, and return correlations of TIAA/CREF investment choices. Building optimal risky portfolios using Excel Solver and then forming utility maximizing portfolios is explained and illustrated in Section 4. The paper concludes with the recommended asset allocation based on our dataset and then provides the utility portfolios for investors with risk aversion scores from one through three. The assumptions, challenges, and limitations of this approach are also discussed.

2. Risk, return, correlation, and the benefit of diversification

Finance textbooks often stress that investors should only care about two variables, risk and return (Bodie et al. (2014), Brigham and Ehrhardt (2014), or Smart et al. (2014).

As Equation 1 shows, the return of an investment portfolio is the market value weighted average of the returns of the investments making up the portfolio:

$$R_p = W_a(R_a) + W_b(R_b) \quad (1)$$

where R_p is the return on the portfolio; W_a and W_b are the market value weights of the portfolio invested in investments "a" and "b"; and R_a and R_b are the expected returns of investments "a" and "b."

The risk of a portfolio is its variability of returns and can be computed as shown in Equation 2:

$$\sigma_p^2 = W_a^2 \sigma_a^2 + W_b^2 \sigma_b^2 + 2W_a W_b \sigma_a \sigma_b \rho_{a,b} \quad (2)$$

where σ_p^2 is the variance of the portfolio; W_a^2 and W_b^2 are the squared market value weights for investments "a" and "b"; σ_a^2 and σ_b^2 are the variance of the returns of investments "a" and "b"; σ_a

and σ_b are the standard deviations of the returns of investments "a" and "b"; and ρ_{ab} is the correlation between investments "a" and "b".

Risk, return, and diversification require further discussion. As illustrated by Equation 2, if the correlation between assets is perfectly positive (+1), there is no benefit to diversification. Conversely, with perfect negative correlation, all risk could be eliminated. In practice, neither of these cases is typically observed. However, if an investor diversifies into an asset class that is not perfectly correlated with the returns of the current portfolio, the risk of the portfolio can be reduced. Therefore, investors should hold a mix of assets that are not highly correlated. As Solnik (1974) shows, both diversifying within a country and between countries is important because of the potential diversification effects.

When portfolio size increases, the portfolio return formula does not change. It remains the market value weighted average of the returns of the investments in the portfolio. However, the formula for portfolio variance changes when portfolio size increases. Besides adding a squared market value weight for the additional investment times the investments variance, more covariance terms are needed for each possible combination of assets. For example, for a portfolio with four investments, Equation 3 shows the corresponding formula.

$$\begin{aligned} \sigma_p^2 = & W_a^2 \sigma_a^2 + W_b^2 \sigma_b^2 + W_c^2 \sigma_c^2 + W_d^2 \sigma_d^2 + 2W_a W_b \sigma_a \sigma_b \rho_{a,b} + 2W_a W_c \sigma_a \sigma_c \rho_{a,c} \\ & + 2W_a W_d \sigma_a \sigma_d \rho_{a,d} + 2W_b W_c \sigma_b \sigma_c \rho_{b,c} + 2W_b W_d \sigma_b \sigma_d \rho_{b,d} + 2W_c W_d \sigma_c \sigma_d \rho_{c,d} \end{aligned} \quad (3)$$

Deciding what asset classes to include in the portfolio and in what proportion is the heart of the portfolio management decision. According to Brinson, Hood, and Beebower (1986) and Brinson, Singer, and Beebower (1991), more than 90 percent of a portfolio's return is due to asset allocation decisions. More recent studies, such as Ibbotson and Kaplan (2000) and Xiong,

Ibbotson, Idzorek, and Chen (2010), point out that asset allocation may not be as important in explaining variation in returns across various funds as previously believed. Yet, Ibbotson (2010) concludes asset allocation is still a very important aspect.

Table 1 lists selected TIAA/CREF investments and the name of the investment funds suggests that the assets that they hold are dissimilar. Thus, because investment portfolios should take on the risk and return attributes of the underlying asset class, we would expect to have some asset classes with low correlation to other classes. Therefore, it should be possible to build a diversified portfolios from TIAA/CREF annuities, TIAA/CREF mutual funds, or a combination of annuities and mutual funds. Because investors are only permitted to invest in the investments selected by their employer, we examine three scenarios: annuities only, mutual funds only, and a combination of annuities and mutual funds.

3. Data and methodology

3.1. Data

The TIAA/CREF investments considered are listed in Table 1 above. Money market investments, targeted retirement funds, and funds with insufficient history to make reliable comparisons were excluded. Daily net asset value (NAV) data was extracted directly from TIAA/CREF's website for annuities. NAV data for the eight variable annuities begins on May 1, 1997 and the return data for the 13 mutual funds begins on April 3, 2006. Data for all series end on December 31, 2014. Daily returns for the annuities were computed as shown in Equation 4. Mutual fund returns were extracted from the Center of Research in Securities Prices (CRSP) survivorship bias free mutual fund data base.

$$(\text{NAV}_t/\text{NAV}_{t-1})-1 \tag{4}$$

3.2. Correlations of TIAA/CREF investments

Creating a correlation matrix in Excel is a simple process once the analysis tool pack is installed. Simply click on the data tab, and then click on the analysis tab which will cause a drop down list box to appear. Select correlation and then select all the cells of the return data series for the investment choices for which correlations are desired.

Tables 2 and 3 summarize the historical correlations TIAA/CREF variable annuities and mutual funds, respectively. Annuity correlations reveal that some asset combinations are highly correlated and would not offer much diversification benefit. Thus, an investor might hold only one of those assets because they can be viewed as compliments. For example, QCEQRX and QCSTRX have a correlation coefficient of 0.988 (98.8%). However, other asset combinations have a small positive correlation coefficient (QCEQRX and QREARX at 0.190 or 19.0%) or even a negative correlation (QCEQRX and QCBMRX at -0.221 or -22.1%). Both of these combinations potentially offer tremendous diversification potential.

(Insert Table 2 about here)

Mutual fund correlations results are similar to those of annuities. Some asset combinations are highly correlated and would not offer much diversification benefit (TIQRX and TRSCX at 0.997 (99.7%). However, other asset combinations potentially offer tremendous diversification potential (TIKRSX and TRSPX at -0.238 or -23.8%).

(Insert Table 3 about here)

4. Forming optimal risky portfolios and utility maximizing portfolios

4.1. Optimal risky variable annuity portfolios

Harry Markowitz's (1952) Noble Prize winning research created Modern Portfolio Theory which asserts that investors should make investment decisions using the mean, variance, and covariance (or correlation) of securities, and this concept is widely accepted in the investment industry. The optimization of risky portfolios focuses on two aspects: maximizing returns while holding risk constant or minimizing risk while maintaining the same level of return. The goal of portfolio optimization is to maximize portfolio return per unit of risk. With a risk-free asset, this can be simplified to maximizing the Sharpe ratio of a portfolio, which is its excess return per unit of total portfolio risk. Equation 5 illustrates maximizing the Sharpe ratio.

Pure theory suggests that an optimal portfolio can be found by correctly combining assets and this portfolio will dominate all other portfolios in terms of risk and return. Once this dominant portfolio is found, it can be combined with a risk-free asset to form the Capital Market Line (CML). Portfolio formed will lie on the CML and those portfolios will dominate all others in risk-return space. All of these portfolios will have the same excess return per unit of risk but their excess return per unit of risk will be higher than any other portfolio. Thus, the goal is to maximize the Sharpe ratio.

Maximizing the Sharpe ratio is tricky with a mutual fund or annuity investment because those investments cannot be sold short. The following maximization problem shown in Equation 5 defines the optimization of a mutual fund or annuity portfolio:

$$\max \vartheta = \frac{E(r_w) - c}{\sigma_w} \quad (5)$$

given the relationships in Equations 6 through Equation 11.

$$\sum_{i=1}^N w_i = \mathbf{1} \quad w_i \geq 0, i = 1, 2, \dots, N \quad (6)$$

where

$$E(r_w) = W^T \times R = \sum_{i=1}^N w_i E(r_i) \quad (7)$$

$$\sigma_w = \sqrt{W^T S W} = \sqrt{\sum_{i=1}^N \sum_{j=1}^N w_i w_j \sigma_{ij}} \quad (8)$$

$$W = \begin{bmatrix} w_1 \\ w_2 \\ \vdots \\ w_N \end{bmatrix} \quad (9)$$

$$R = \begin{bmatrix} E(r_1) \\ E(r_2) \\ \vdots \\ E(r_N) \end{bmatrix} \quad (10)$$

and

$$S = \begin{bmatrix} \sigma_{11} & \dots & \sigma_{1N} \\ \vdots & \ddots & \vdots \\ \sigma_{N1} & \dots & \sigma_{NN} \end{bmatrix} \quad (11)$$

where w_i is the market value weight invested in investment i ; $E(r_i)$ is the expected rate of return of investment i ; σ_{ij} is the covariance between investment i and investment j ; and c is a constant. Changing c permits finding infinite combinations of w_i and therefore creating the efficient frontier with the selected mutual fund or annuity investments. These portfolios dominate all other choices in terms of return for a given level of risk. If the risk-free rate is used for c , a theoretical optimal risky portfolio may be found by solving the problem above. To better illustrate the application of portfolio optimization in practice, an example is provided using Microsoft Excel with TIAA/CREF annuities. Assume that an investor has selected eight annuities to consider based on his investment objectives. These are listed in Table 1. To construct an optimal portfolio,

the investor must compute historical returns over some period such as May 1997 to December 2014 in this example. Figure 1 shows the summary statistics for selected annuities.

(Insert Figure 1 about here)

Computing return metrics is straightforward. Daily average returns are computed by entering the following into the cell =average(first cell in return column:last cell in return column) and then pressing enter. Standard deviation is computed by entering =stdev(first cell in return column:last cell in return column) and then pressing enter. Variance is computed by entering =var(first cell in return column:last cell in return column) and then pressing enter.

Converting from daily to annual returns and variances can easily be accommodated by multiplying the daily return daily variance cells by 252 (the approximate number of trading days in a year). Annual standard deviation can be computed by taking the square root of annual variance or multiplying daily standard deviation by the square root of 252.

At this point, the investor needs to set up to solve the constrained optimal problem using Equation 5. This task can be accomplished in Excel using the Solver tool.

The process begins by first setting up Excel. In addition to needing the returns, standard deviations, and variances above, a covariance matrix must be created. Because we have already created a correlation matrix earlier by selecting the data tab in Excel, then data analysis, and then selecting the input range (the cells containing the daily returns of the investments of interest. Excel will create a triangle of output (lower left) of the correlation of each combination of assets. Then complete correlation matrix can be created by copying the lower row and then using the transpose function in paste special to paste those values into the last column. That process is repeated until all cells have a value (note that the diagonal will be one).

To create a covariance matrix, it is convenient to copy the average return, standard deviation and variance, from each investment and paste it in column format, and also paste it using paste special and transpose to present it in row format. It is also convenient to paste the full correlation matrix nearby. Once that is completed, the complete covariance matrix can be constructed. Starting at the upper left hand cell of the covariance matrix, enter the cell reference for the standard deviation for that investment (from the column data) times the cell reference for the standard deviation for that investment (from the row data) times the cell reference for the correlation of that asset with itself. The formula in that cell can be copied and pasted to the other cells in the covariance matrix. Some changes in the cells will need to be made, and some changes can be minimized by using the \$ command to lock cell references.

The final set of setting up the Excel template is to make a column that lists each investment and then the words total, average, standard deviation, variance, and Sharpe ratio (as in figure 2). The next column will be titled weights. This will serve as the template for the solver output (including the formulas for return and variance).

Once the spreadsheet is set up, the process begins by forming an arbitrary portfolio. For example, a portfolio equally split among the eight target funds. The portfolio mean and standard deviation (σ) may be computed using Equations 7 and 8, respectively.

This is accomplished in Excel by entering the following equations. To compute portfolio return in a way that solver can update it when it runs, enter the following equation in the portfolio return output cell: =MMULT(TRANSPOSE(begining cell in portfolio weight range:ending cell in portfolio weight range), beginning cell in asset return range:ending cell in asset return range) BUT DO NOT PRESS ENTER! To enter a formula that solver can iterate, press and hold Ctrl, Shift, and then Enter.

To compute portfolio variance in a way that solver can update it when it runs, enter the following equation in the portfolio return output cell:

=MMULT(MMULT(TRANSPOSE(beginning cell in portfolio weight range:ending cell in portfolio weight range),beginning cell covariance matrix:ending cell in covariance matrix), beginning cell in portfolio weight range:ending cell in portfolio weight range) BUT DO NOT PRESS ENTER! To enter a formula that solver can iterate, press and hold Ctrl, Shift, and then Enter.

In the standard deviation output cell, enter =sqrt(varaice cell reference). For the Sharpe ratio output cell enter =(portfolio return cell reference-risk-free rate cell reference/portfolio standard deviation cell reference).

The goal of the optimization is to maximize the Sharpe ratio of the portfolio as shown in Equation 5. Therefore, the ratio is computed so that the optimal solution can be derived in the next step. The risk-free rate in this case is assumed to be 3 percent. However, this can easily be changed and the scenario re-run to ascertain the impact of the choice of risk-free rate on the optimal portfolio.

As stated in Equation 5, the optimization problem the investor faces is to maximize the Sharpe ratio. The Solver function in Excel can find the maximum, minimum, or a specified number in a specific cell by changing parameters. The parameters are the cells containing the investment weights in each of the eight selected investments. Two constraints must be added to the Solver to further limit solutions. The first constraint is that the cells containing the weight in each investment must be ≥ 0 (no short sales). Secondly, the cell containing the the sum of the weights must be 1 or 100 percent.

Figure 2 reveals that there is a solution to the optimization. However, the return of the optimal portfolio is only about 6%. In practice, as opposed to pure theory, an investor can't short sell the riskless asset to create a higher return. If an investor desires a higher rate of return, they must select a portfolio that is mean-variance inefficient. To accommodate investors with differential return preferences, we used solver to solve for optimal risky portfolios with a range of different levels of return. This is accomplished in solver by adding a third constraint requiring the portfolio return output cell to equal a specified valued and then re-running solver to obtain the optimal portfolio for that level of return. We repeated this process for desired return levels of 7%, 7.5%, 8%, 8.5%, 9%, and 9.18%.

(Insert Figure 2 about here)

4.2. Optimal risky mutual fund portfolios

To find optimal risky mutual fund portfolios, the process used for variable annuities can be repeated. Figure 3 shows the summary statistics for selected annuities.

(Insert Figure 3 about here)

Figure 4 reveals that there is a solution to the optimization. However, the return of the optimal portfolio is 6.12%. Because an investor can't short sell the riskless asset, if the investor desires a higher rate of return they must select a portfolio that is mean-variance inefficient. To accommodate investors with differential return preferences, we used solver to solve for optimal risky portfolios with desired levels of return of 7%, 7.5%, 8%, 8.5%, 9%, 9.5% , 10%, and 10.5%.

(Insert Figure 4 about here)

4.3. Assessing risk aversion and utility

Investors need to choose among competing combinations and should do so considering their own risk tolerance. While an investor could be risk-averse, risk-neutral, or risk-loving, a common assumption is that most investors are *risk-averse*. A *risk-averse investor* is simply one who dislikes uncertainties or assuming risk (i.e., prefers less risk to more risk for a given level of return). The optimal portfolios have the highest expected returns given the degree of risk or lowest degree of risk given the level of return. Choosing among competing optimal portfolios is a risk and return trade-off. Thus, the choice depends on the investors' risk tolerance.

Risk and risk aversion are used to decide how to allocate wealth among competing investment opportunities. Investors hold different portfolios due to their differing attitudes toward risk.

Examining how to choose among competing alternatives is important while maximizing the investor's satisfaction. Thus, the goal is to maximize the investor's utility. Equation 12 is a commonly used utility function based on an investor's investment outcome:

$$U = E(r) - \frac{1}{2}A \sigma^2 \quad (12)$$

where U is the investor's utility; $E(r)$ is the expected return of the portfolio; $\frac{1}{2}$ is a constant scaling factor; A is the investor's risk tolerance or risk aversion score; and σ^2 is the portfolio variance. This formula reveals that utility changes are intuitive. An investor prefers to have a higher expected return, but feels penalized to bear a higher degree of risk, as measured by the portfolio variance. As the expected return of a portfolio increases, so does the investor's utility, *ceteris paribus*. An investor's utility also decreases as risk increases. However, the decrease depends on the investor's risk aversion score "A". Some investors place a large penalty on a portfolio for an increase in risk, as represented by a higher A , while other investors place much

less of a penalty for a risk increase. More than one portfolio could be equally satisfying for an investor.

4.4. Creating utility maximizing portfolios

The optimal risky portfolios derived in the previous section do not account for the investor's risk preference. Although the portfolios are optimized based on Markowitz's mean-variance analysis, the ultimate choice still depends on the investor's risk attitude. The mutual fund separation theorem (Cass and Stiglitz 1970; Ross 1978; Chamberlain 1983) states that investors who are making optimal investment choices between a set of risky assets and a risk-free security should all hold the same portfolio of risky assets and their risk attitude does not influence the relative proportion of funds invested across different risky assets. Thus, the risk-preference-adjusted optimization does not need to re-create the optimal weights among risky assets. It simply needs to find the appropriate weights for the risk-free asset and the optimal risky portfolio. An optimal risky portfolio is created based on objective information including the expected risk and return, and a utility maximizing portfolio mixes the optimal risky portfolio with the risk-free asset and is based on the investor's subjective risk preference.

The task is to quantify an investor's risk preference, which is typically done with a utility function. The previous section presented a common utility function. Therefore, Equation 13 shows an objective function:

$$\max U = E(r_p) - \frac{1}{2} A \sigma_p^2 \quad (13)$$

where r_p is the portfolio's expected rate of return and σ_p^2 is the portfolio's expected variance. An investor allocates capital between the optimal risky portfolio and risk-free asset. Assume that the

weight invested in the optimal risky portfolio is x . Thus, Equations 14 and 15 describe the expected rate of return $E(r_p)$ and expected variance σ_p^2 for the portfolio, respectively:

$$E(r_p) = xE(r_w) + (1 - x)r_f = r_f + x(E(r_w) - r_f) \quad (14)$$

$$\sigma_p^2 = x^2 \sigma_w^2 \quad (15)$$

In theory, the target function of the maximization problem becomes Equation 16:

$$\max U = r_f + x(E(r_w) - r_f) - \frac{1}{2} Ax^2 \sigma_w^2 \quad (16)$$

To find the optimal weight (x) that is needed to maximize an investor's utility, the first order derivative of the expression regarding x should be set at zero as shown in Equation 17. By doing so, an optimal weight (x) may be computed in Equation 18:

$$\frac{dU}{dx} = (E(r_w) - r_f) - Ax\sigma_w^2 = 0 \quad (17)$$

$$x^* = \frac{E(r_w) - r_f}{A\sigma_w^2} \quad (18)$$

Assume that an investor, with a coefficient of risk aversion of 4 wants to determine an optimal allocation between the optimal risky portfolio and the risk-free asset. The following inputs are obtained: $E(r_w) = 12\%$, $I\sigma_w^2 = 20\%$, and $r_f = 3\%$. Substitute the numbers into Equation 18:

$x^* = \frac{12\% - 3\%}{4 \times 20\%^2} = 56.25\%$. Thus, the optimal weight in the risky portfolio is 56.25 percent and that of risk-free asset is 43.75 percent.

In practice, portfolio choices may be mean variance inefficient, as we have shown in Figures 2 and 4. Therefore, utility maximization is troublesome because portfolio excess return per unit of risk is not constant because of the inability to short sell the risk free asset. Despite this setback, we can approximate and investors utility by using Equation 12 and tabulating utility results for our optimal portfolios for each return level for investors with differing risk aversion

levels. Figures 5 and 6 provide the utility of selected variable annuity and mutual fund portfolios, respectively.

(Insert Figure 5 about here)

As shown, investors with different risk attitudes will desire different portfolios. Investors that are not sensitive to risk will prefer portfolio E. Figure 2 shows portfolio E to have an expected return of 8.5% and an expected standard deviation of 15.8%. The most risk averse investors will prefer portfolio B with an expected return of 7.5% and an expected standard deviation of 9.4%.

It is worthy to note that pure theory would create a CML and all efficient portfolios would share the same Sharpe measure. In that case, the risk-return tradeoff is linear. However, pure theory and practice collide because of short sale constraints of the portfolios assets and the risk-free asset. While investors can opt for higher returns than the optimal risky portfolio delivers, the cost of doing so is seen in a decreasing Sharpe measure.

(Insert Figure 6 about here)

As with annuities, mutual fund investors different risk attitudes will desire different portfolios. Investors that are not sensitive to risk will prefer portfolio H with an expected return of 10% and an expected standard deviation of 19.9%. The most risk averse investors will prefer portfolio C with an expected return of 7.5% and an expected standard deviation of 10.5%.

5. Conclusion

We review how to compute the risk and return of managed portfolios and illustrate the benefits of diversification. After presenting the theory, it is operationalized by using the Solver function in Excel. Using the Solver function in Excel provides investors with a step-by-step

process to form optimal risky portfolios. After discussing how to form an optimal risky portfolio we address risk aversion and utility as a prelude to forming utility maximizing portfolios.

Using data for TIAA/CREF annuities and mutual funds, we illustrate the process and provide optimal risky and utility maximizing portfolios for select investment during a recent time period. Before an investor implements any of our solutions, one caveat must be clear. An assumption of pure theory is that the historical return data used is represents a good estimate of future returns and correlations. If this is true, the output should be a good guide to future asset allocation. Unfortunately, in practice, some investments have insufficient time histories to permit making this assumption. Moreover, short time periods can be distorted by major market disturbances as witnessed in the recent financial crisis. A possible solution to this problem is to use indexes as the underlying asset and infer from index allocation the allocation to specific investments that have the index as their benchmark.

References

- Bodie, Z. Kane, A. & Marcus, A. (2014). *Investments, 10th Edition*. New York: McGraw-Hill Education.
- Brigham, E. & Ehrhardt, M. (2014). *Financial Management: Theory and Practice, 14th Edition*. Mason, OH: South-Western, Cengage Learning.
- Brinson, G. P., Hood, L.R. & Beebower, G.L. (1986). Determinants of portfolio performance. *Financial Analysts Journal*, 42, 39–44.
- Brinson, G. P., Singer, B.D. & Beebower, G.L. (1991). Determinants of portfolio performance II: An update. *Financial Analysts Journal*, 47, 40–48.

- Cass, D., & Stiglitz, J.E. (1970). The structure of investor preferences and asset returns, and separability in portfolio allocation: A contribution to the pure theory of mutual funds. *Journal of Economic Theory*, 2, 122–160.
- Chamberlain, G. (1983). A characterization of the distributions that imply mean-variance utility functions. *Journal of Economic Theory*, 29, 185–201.
- Ibbotson, R G. (2010). The importance of asset allocation. *Financial Analysts Journal*, 66, 18–20.
- Ibbotson, R.G., Kaplan, P.D. (2000). Does asset allocation policy explain 40, 90, or 100 percent of performance? *Financial Analysts Journal*, 56, 26–33.
- Markowitz, H. (1952). Portfolio selection. *Journal of Finance*, 7, 77–91.
- Ross, S.A. (1978). Mutual fund separation in financial theory – The separating distributions. *Journal of Economic Theory*, 17, 254–286.
- Smart, S. Gitman, L. & Joehnk, M. (2014). *Fundamentals of Investing, 12th Edition*. Upper Saddle River, NJ: Pearson Education.
- Solnik, B.H. (1974). Why not diversify internationally rather than domestically? *Financial Analysts Journal*, 51, 48–54.
- Xiong, J. X., Ibbotson, R.G., Idzorek, T.M. & Chen, P. (2010). The equal importance of asset allocation and active management. *Financial Analysts Journal*, 66, 22–30.

Table 1 TIAA/CREF investment choices

TIAA/CREF Variable Annuities	Inception Date
CREF Equity Index Account QCEQRX	4/29/1994
CREF Global Equities Account QCGLRX	5/1/1992
CREF Growth Account QCGRRX	4/29/1994
CREF Stock Account QCSTRX	7/31/1952
TIAA Real Estate Account QREARX	10/2/1995
CREF Bond Market Account QCBMRX	3/1/1990
CREF Inflation-Linked Bond Account QCILRX	5/1/1997
CREF Social Choice Account QCSCRX	3/1/1990
TIAA/CREF Mutual Funds	Inception Date
TIAA-CREF Equity Index Fund (Retirement) TIQRX	3/31/2006
TIAA-CREF Inflation-Linked Bond Fund (Retirement) TIKRX	3/31/2006
TIAA-CREF International Equity Fund (Retirement) TRERX	10/1/2002
TIAA-CREF International Equity Index Fund (Retirement) TRIEX	10/1/2002
TIAA-CREF Large-Cap Growth Index Fund (Retirement) TRIRX	10/1/2002
TIAA-CREF Large-Cap Value Fund (Retirement) TRLCX	10/1/2002
TIAA-CREF Large-Cap Value Index Fund (Retirement) TRCVX	10/1/2002
TIAA-CREF Mid-Cap Growth Fund (Retirement) TRGMX	10/1/2002
TIAA-CREF Mid-Cap Value Fund (Retirement) TRVRX	10/1/2002
TIAA-CREF S&P 500 Index Fund (Retirement) TRSPX	10/1/2002
TIAA-CREF Small-Cap Blend Index Fund (Retirement) TRBIX	10/1/2002
TIAA-CREF Small-Cap Equity Fund (Retirement) TRSEX	10/1/2002
TIAA-CREF Social Choice Equity Fund (Retirement) TRSCX	10/1/2002

Table 2 Correlation of TIAA/CREF variable annuities

	QCEQRX	QCBMRX	QCGLRX	QCGRRX	QREARX	QCILRX	QCSCRX	QCSTRX
QCEQRX	1							
QCBMRX	-0.221	1						
QCGLRX	0.928	-0.210	1					
QCGRRX	0.963	-0.219	0.889	1				
QREARX	0.190	-0.030	0.191	0.175	1			
QCILRX	-0.201	0.739	-0.184	-0.189	-0.001	1		
QCSCRX	0.984	-0.087	0.919	0.941	0.190	-0.099	1	
QCSTRX	0.988	-0.218	0.970	0.947	0.195	-0.195	0.978	1

Correlations are for daily return data from May 2, 1997 through December 31, 2114.

Table 3 Correlation of TIAA/CREF mutual funds

	TIKRX	TIQRX	TRBIX	TRCVX	TRERX	TRGMX	TRIEX	TRIRX	TRLCX	TRSCX	TRSEX	TRSPX	TRVRX
TIKRX	1												
TIQRX	-0.235	1											
TRBIX	-0.220	0.946	1										
TRCVX	-0.230	0.988	0.922	1									
TRERX	-0.156	0.868	0.803	0.856	1								
TRGMX	-0.222	0.959	0.937	0.921	0.851	1							
TRIEX	-0.149	0.887	0.809	0.877	0.972	0.859	1						
TRIRX	-0.236	0.986	0.926	0.954	0.864	0.970	0.883	1					
TRLCX	-0.225	0.987	0.928	0.994	0.863	0.930	0.881	0.957	1				
TRSCX	-0.235	0.997	0.944	0.986	0.865	0.958	0.884	0.985	0.985	1			
TRSEX	-0.222	0.947	0.994	0.921	0.805	0.941	0.811	0.929	0.927	0.944	1		
TRSPX	-0.238	0.997	0.927	0.990	0.868	0.947	0.890	0.985	0.987	0.995	0.927	1	
TRVRX	-0.213	0.985	0.950	0.979	0.863	0.955	0.876	0.964	0.983	0.986	0.950	0.978	1

Correlations are for daily return data from April 3, 2006 through December 31, 2114.

Figure 1 Summary statistics for TIAA/CREF variable annuity returns

Date	QCEQRX	QCBMRX	QCGLRX	QCGRRX	QREARX	QCILRX	QCSCRX	QCSTRX
12/31/2014	-0.00971	0.00069	-0.00722	-0.00848	-0.00141	0.001409	-0.00488	-0.00743
12/30/2014	-0.00468	0.00077	-0.00624	-0.00582	-0.00013	0.00047	-0.00308	-0.00546
12/29/2014	0.001455	0.001871	-0.0004	0.000759	0.001816	0.000532	0.001169	0.000684
12/26/2014	0.003705	0.000626	0.003425	0.00498	0.000178	0.0009	0.002213	0.003549
05/07/1997	-0.01286	-0.00313	-0.00465	-0.00992	-0.00083	-0.00114	-0.01056	-0.01051
05/06/1997	-0.00337	0.000258	0.004641	-0.00418	-0.00011	-0.00104	-0.00143	-0.00025
05/05/1997	0.021935	0.000654	0.01648	0.023622	0.001442	0.002298	0.011192	0.019158
05/02/1997	0.019448	0.000961	0.011425	0.020199	0.001062	0.000394	0.011328	0.016806
Daily								
Average	0.000365	0.000211	0.000292	0.000322	0.000243	0.00022	0.000281	0.000333
Std	0.012767	0.002326	0.011874	0.013995	0.001307	0.003456	0.007396	0.012199
Var	0.000163	5.41E-06	0.000141	0.000196	1.71E-06	1.19E-05	5.47E-05	0.000149
Annual								
Average	0.091874	0.05319	0.073515	0.081129	0.061306	0.05556	0.070932	0.08388
Std	0.202677	0.036923	0.188487	0.222163	0.020743	0.054869	0.117405	0.193646
Var	0.041078	0.001363	0.035527	0.049356	0.00043	0.003011	0.013784	0.037499

Daily return data is from May 2, 1997 through December 31, 2114.

Figure 2 Optimal TIAA/CREF annuity portfolios

FUND	Weight	Weight	Weight	Weight	Weight	Weight
QCEQRX	0.0095	0.2844	0.4480	0.6116	0.7751	1
QCBMRX	0.2090	0	0	0	0	0
QCGLRX	0	0	0	0	0	0
QCGRRX	0	0	0	0	0	0
QREARX	0.7815	0.7156	0.5520	0.3884	0.2249	0
QCILRX	0	0	0	0	0	0
QCSCRX	0	0	0	0	0	0
QCSTRX	0	0	0	0	0	0
Total	1	1	1	1	1	1
Portfolio	Annual	Annual	Annual	Annual	Annual	Annual
Average	0.059901022	0.07	0.075000001	0.079999999	0.085	0.091873732
Var	0.000323825	0.003869	0.008770935	0.01580847	0.024982	0.041078093
Std	0.017995126	0.062201	0.09365327	0.12573174	0.158056	0.202677312
Sharpe Ratio	1.661617768	0.643077	0.480495774	0.397672052	0.347978	0.305281984
Risk-free rate	0.03	0.03	0.03	0.03	0.03	0.03

Portfolios are based on daily return data from May 2, 1997 through December 31, 2114.

Figure 3 Summary statistics for TIAA/CREF mutual fund returns

Date	QCEQRX	QCBMRX	QCGLRX	QCGRRX	QREAX	QCILRX	QCSCRX	QCSTRX
12/31/2014	-0.0097	0.0007	-0.0072	-0.0085	-0.0014	0.0014	-0.0049	-0.0074
12/30/2014	-0.0047	0.0008	-0.0062	-0.0058	-0.0001	0.0005	-0.0031	-0.0055
12/29/2014	0.0015	0.0019	-0.0004	0.0008	0.0018	0.0005	0.0012	0.0007
12/26/2014	0.0037	0.0006	0.0034	0.0050	0.0002	0.0009	0.0022	0.0035
05/07/1997	-0.0129	-0.0031	-0.0046	-0.0099	-0.0008	-0.0011	-0.0106	-0.0105
05/06/1997	-0.0034	0.0003	0.0046	-0.0042	-0.0001	-0.0010	-0.0014	-0.0003
05/05/1997	0.0219	0.0007	0.0165	0.0236	0.0014	0.0023	0.0112	0.0192
05/02/1997	0.0194	0.0010	0.0114	0.0202	0.0011	0.0004	0.0113	0.0168
Daily								
Average	0.0004	0.0002	0.0003	0.0003	0.0002	0.0002	0.0003	0.0003
Std	0.0128	0.0023	0.0119	0.0140	0.0013	0.0035	0.0074	0.0122
Var	0.0002	0.0000	0.0001	0.0002	0.0000	0.0000	0.0001	0.0001
Annual								
Average	0.0919	0.0532	0.0735	0.0811	0.0613	0.0556	0.0709	0.0839
Std	0.2027	0.0369	0.1885	0.2222	0.0207	0.0549	0.1174	0.1936
Var	0.0411	0.0014	0.0355	0.0494	0.0004	0.0030	0.0138	0.0375

Daily return data is from April 3, 2006 through December 31, 2114.

Figure 4 Optimal TIAA/CREF mutual fund portfolios

Portfolio	A	B	C	D	E	F	G	H	I
	Optimal	7%	7.50%	8%	8.50%	9%	9.5%	10%	10.50%
	Weight	Weight	Weight	Weight	Weight	Weight	Weight	Weight	Weight
TIKRX	0.7164	0.5619	0.4737	0.3855	0.2972	0.2090	0.1208	0.0326	0.0000
TIQRX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRBIX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRCVX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRERX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRGMX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRIEX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRIRX	0.2836	0.4381	0.5263	0.6145	0.7028	0.7910	0.8792	0.9674	0.1788
TRLCX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRSCX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRSEX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRSPX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
TRVRX	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.8212
Total	1.0000	1.0000	1.0000	1.0000	1.0000	1.0000	1.0000	1.0000	1.0000
Portfolio									
Average	0.0612	0.0700	0.0750	0.0800	0.0850	0.0900	0.0950	0.1000	0.1050
Var	0.0043	0.0079	0.0111	0.0151	0.0200	0.0256	0.0321	0.0394	0.0530
Std	0.0652	0.0888	0.1054	0.1230	0.1413	0.1601	0.1792	0.1986	0.2302
Sharpe Ratio	0.4792	0.4503	0.4271	0.4065	0.3892	0.3747	0.3626	0.3525	0.3257

Portfolios are based on daily return data from May 2, 1997 through December 31, 2114.

Figure 5 Utility maximizing TIAA/CREF annuity portfolios

	Portfolios					
Risk AversionScore	A	B	C	D	E	F
1	0.059739	0.068066	0.070615	0.072096	0.072509	0.071335
2	0.059577	0.066131	0.066229	0.064192	0.060018	0.050796
3	0.059415	0.064197	0.061844	0.056287	0.047528	0.030257

Utility is computed from optimal risky portfolios using daily return data from May 2, 1997 through December 31, 2114.

Figure 6 Utility maximizing TIAA/CREF mutual fund portfolios

	Portfolios								
Risk Aversion Score	A	B	C	D	E	F	G	H	I
1	0.0591	0.0661	0.0695	0.0724	0.0750	0.0772	0.0789	0.0803	0.0785
2	0.0570	0.0621	0.0639	0.0649	0.0650	0.0644	0.0629	0.0606	0.0520
3	0.0549	0.0582	0.0584	0.0573	0.0550	0.0515	0.0468	0.0408	0.0255

Utility is computed from optimal risky portfolios using daily return data from April 3, 2006 through December 31, 2014.